# Activity Clubs: Preschool

**FOR CHILDREN AGES 2.5-5 YEARS**
**Monthly Passess Starting at $175**

## Activity Clubs

### Program Overview

**Little Scholar's Activity Clubs** are dedicated to holistic child development and the important skills beyond academics. We offer curated programs that allow children to explore and experiment with various activities in a safe, fun, and nonjudgmental space to build collaboration, communication, critical thinking and creative skills.

As today's children grow into adulthood, they will face a very different world than we live in today. Stress and mental health issues for children are already on the rise. Unfortunately, most schools are only becoming more academic (and less flexible), leaving children fewer ways to explore the time-honored and critically important approach to sustaining mental and emotional wellness: Hobbies.

There is concrete, research-based evidence that hobbies have physical and mental health benefits. By definition, a hobby is an activity done regularly in one's leisure time for pleasure— it can't be judged or graded. Hobbies can help children ease stress, increase confidence and self-esteem, bring new perspectives, and provide a challenge.

Join **Little Scholar Activity Clubs** to explore a wide variety of topics. Our first explorations of 2023 include **Cooking, Soccer, Visual Arts, Music & Drama, Adventures in Chess, and more**! Whether your little one is a novice or expert, a preschooler or almost finished with elementary, we have a program that's right for you.

Our unique schedule is what sets our program apart: each Activity Club meets for **1.5 hour class**. Topics change quarterly, so your child has opportunities to explore many different hobbies throughout the year without changing their weekly school schedule, childcare, or home routines. Activity Clubs offer a convenient, flexible way for children to explore many new activities in a single year — always fresh, always fun!

## Locations

**For Preschoolers:**
5472 Central Ave
Newark, CA 94560

**For K-6**:
6625 Thornton Ave
Newark, CA 94560

## Explore Activity Club Topics

Our seasonal schedule rotates activities every 10 weeks, so that children can explore new hobbies and passions in a safe, creative, nonjudgmental space. Activity availability will vary, so if there is a special topic your child is interested in, please contact us!

Seasonal topics include:

- **Cooking and Baking**
- **Sports**, including soccer and basketball
- **Visual Arts**, including drawing and painting
- **Performing Arts**, including music, drama, and public speaking
- **STEM and Strategy**, including coding, Roblox, introductory chess, and LEGO© engineering

## What to Bring

Every day, children will need to bring a reusable water bottle, snacks*, and weather-appropriate clothing. Please be sure that all personal belongings are clearly labeled with the student's first and last names.

For preschool-aged children, please include a full change of clothing in a large zip-top bag clearly labeled with the child's name.

**We ask that children bring only nut-free items to be mindful of others with allergies. Thank you for your understanding.*

# Enroll Now

Securing your child's space is easy! Follow the steps below, or call (510) 648-2048 to register by phone.

**To register online:**

1. Go to www.littlescholar.school/registration-and-payments
2. Fill out the contact form.
3. Select Activity Clubs for your child's age group from the product list.
4. Check out!
5. We will contact you to finalize your registration and additional forms.